

**Understanding Longitudinal Studies**

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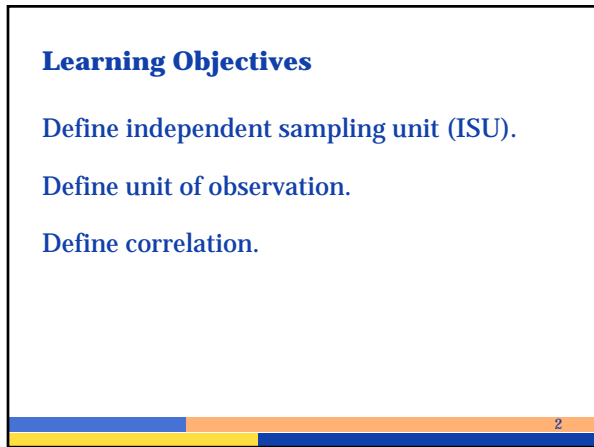
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**Learning Objectives**

Define independent sampling unit (ISU).

Define unit of observation.

Define correlation.

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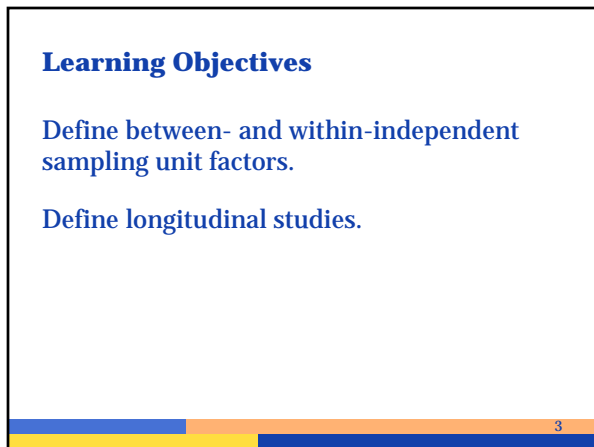
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**Learning Objectives**

Define between- and within-independent sampling unit factors.

Define longitudinal studies.

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**Learning Objectives**

Define a longitudinal study.

Recognize an example of a longitudinal study.

Describe how longitudinal designs result in complex correlation between measurements.

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**Each study can be described by its analytical units**

An **independent sampling unit (ISU)** is statistically independent from any other unit.

In NIH sponsored research, the person is often the independent sampling unit.

Muller and Stewart, 2006

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**Each study can be described by its analytical units**

The **unit of observation** is the measurement of interest within the independent sampling unit.

Muller and Stewart, 2006

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**Longitudinal studies are common in social and behavioral health research**

A **longitudinal study** evaluates a research question by analyzing two or more measurements on the same independent sampling unit over time.

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**Correlation measures the straight-line relationship between two variables**

**Correlation** “indicates the strength and direction of the relationship between two random variables” (p. 127).

Rosner, 2010, p. 127

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**Correlation ranges from -1 to 1**

Correlation



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**The sign of correlation indicates whether two variables are changing in the same direction**

Negative correlation (between -1 and 0) indicates that two variables change in opposite directions.

Positive correlation (between 0 and 1) indicates that variables change in the same direction.

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**Numbers further from zero represent stronger correlation**

Correlation



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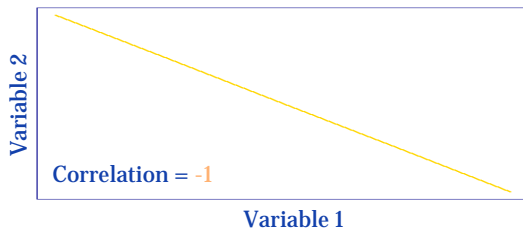
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**A correlation of -1 indicates that two variables change at constant rates in opposite directions**

Perfect negative correlation



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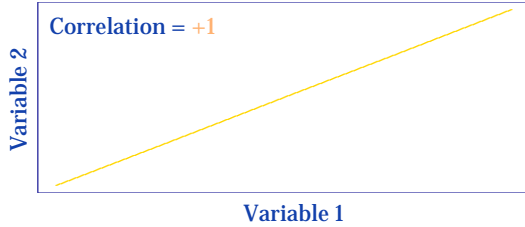
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A correlation of **+1** indicates that two variables change at constant rates in the same direction

**Perfect positive correlation**



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A correlation of **0** indicates that two variables are unrelated

Variables with correlation equal to zero have rates and directions of change that are uncorrelated, or unrelated.

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Variables that are **independent** always have correlation equal to zero

Mathematically, variables with correlation equal to zero are **not necessarily** independent.

For the purposes of this class, we focus on cases in which correlation of zero indicates that two variables are independent.

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**Longitudinal sampling induces correlation between measurements**

Measurements from the same person taken at two or more times will be correlated.

Longitudinal measurements are repeated measures that may have uneven spacing.

Rosner, 2010  
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**We discuss study designs in terms of 'factors'**

A factor indicates a dimension of interest such as treatment versus no treatment, or time.

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**Longitudinal studies involve within-independent sampling unit factors**

Within-independent sampling unit factors are features with values which differ within each independent sampling unit.

Example:

Distance walked, with different values for each day, Monday through Friday

Bray and Maxwell, 1985  
Doncaster and Davey, 2007

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**Longitudinal studies may include between-independent sampling unit factors**

Between-independent sampling unit factors take only one value for a single independent sampling unit. Different ISUs may have different values.

Example: Drug assignment in a randomized clinical trial

Bray and Maxwell, 1985  
Doncaster and Davey, 2007

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**We examine a longitudinal study of pain perceived after a root canal**

**Vignette**

Researchers conducted a study to determine if dental patients who are instructed to use a sensory focus have a different pattern of long-term memory of pain than participants who did not.

Logan, Baron and Kohout, 1995

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**We examine a longitudinal study of pain perceived after a root canal**

**Vignette, continued**

Participants were selected and randomly assigned to either the intervention or non-intervention groups.

Logan, Baron and Kohout, 1995

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**We examine a longitudinal study of pain perceived after a root canal**

**Vignette, continued**

Participants in the intervention group listened to automated audio instructions to pay close attention only to the physical sensations in their mouth.

Logan, Baron and Kohout, 1995

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**We examine a longitudinal study of pain perceived after a root canal**

**Vignette, continued**

Participants in the no-intervention group listened to automated audio instruction on a neutral topic to control for media and attention effects.

Logan, Baron and Kohout, 1995

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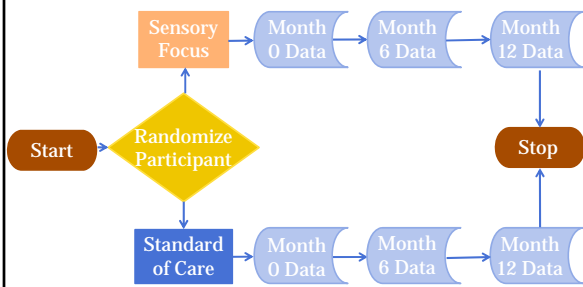
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**Observed pain after root canal was measured at 0, 6, and 12 months**



Logan, Baron and Kohout, 1995

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**The study assessed the impact of treatment on post-root canal pain**

**Null hypothesis:**

Participants receiving the sensory focus training experience the same pattern of pain over time as participants not receiving sensory focus training.

Logan, Baron and Kohout, 1995

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**The study assessed the impact of treatment on post-root canal pain**

**Independent sampling unit:** Participant

**Unit of Observation:** Participant's perceived pain at a specific time

Logan, Baron and Kohout, 1995

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**Measurements taken from a given participant at months 0, 6, and 12 were correlated**

**Within-independent sampling unit factor:** Time, with measurements of perceived pain recorded for each person at month 0, 6, and 12

Logan, Baron and Kohout, 1995

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**Outcomes were analyzed for each individual over a 12 month period**

**Between-independent sampling unit factor:**  
Treatment assignment to sensory focus training or no sensory focus training

Logan, Baron and Kohout, 1995

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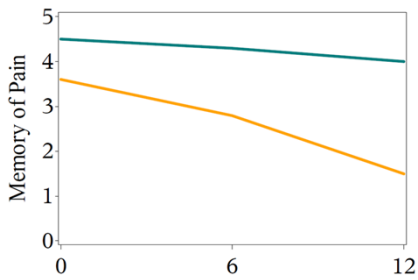
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**Pain recall over time differed by treatment group**



Logan, Baron and Kohout, 1995

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**REVIEW OF LEARNING OBJECTIVES**

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**Define a longitudinal study**

A longitudinal study aims to answer a research question by analyzing two or more measurements on the same independent sampling unit (often a research participant) over time.

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**Define independent sampling unit**

Observations from one independent sampling units are statistically independent of observations from any other distinct sampling unit.

Muller and Stewart, 2006

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**Which measure indicates both the direction and strength of an association?**

Amplitude

Correlation

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**Explain how within- and between-independent sampling factors differ**

Within-independent-sampling-unit factors occur within an independent sampling unit whereas between-independent-sampling-unit factors occur for each independent sampling unit as a whole.

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**How do longitudinal designs result in correlation between measurements?**

Two or more measurements from one person are not independent from one another.

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